

LANA & EMMY

LANI STAIT

EMMA M. TERRAZAS



ORIGINAL SOUNDTRACK BY BOOB SWEAT

Lana & Emmy is a heartfelt buddy comedy about two unconventional roommates who meet up for one last fun weekend in Las Vegas before Emmy moves away for a new job. Through a series of adventures, and then facing the reality of their new lives without one another, they come to discover that their friendship held the meaning that they were looking for all along.

Created by and starring first time filmmakers
Lani Stait and Emma M. Terrazas as Lana and Emmy.

Contact information

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Lani Stait

Lana | writer | co-producer | co-director

Based in LA, Lani is a film actress with a background as an opera singer. She is passionate about film and has performed roles in over over 40 student and indie films since her first acting class in 2019.



Emma M. Terrazas

Emmy | co-producer | co-director

Emma is recognized for her role in Chicago Med and the hit stage play "Chicago 1800 VS 2020," directed by Richard Gallion. She's passionate about storytelling, trained in The Warner Loughlin Technique from LA, and on a mission to promote diversity and love-driven narratives on screen and stage.

Jaden Morelli

Director of Photography

Filmmaker Jaden Morelli's dedication and welcoming personality have led him to work on various industry projects, including directing music videos and receiving awards for his work. His recent accomplishments include running production for a reality show.



Miguel Rivera

Editor

Miguel Rivera is a versatile filmmaker, excelling in editing, producing, directing, and acting. He has made notable contributions to films like "Tomorrow's Too Late," "The Secrets We Bury," and "Flower Girl." Additionally, he co-hosts the podcast "In My Opinion (IMO)," highlighting his multifaceted talents in filmmaking.

Behind the scenes photos



Q&A from the Creators Emma and Lani

The Lana & Emmy story started with a 6-episode web series on Youtube. What was the inspiration for the webseries? How did you get started?

We met at the beginning of the pandemic in a virtual acting class. We connected right away because we shared the passion to try and create our own projects. Once we were able to meet safely in person, we started brainstorming ideas. We wanted to create something super fun and light hearted, especially during such a hard time. With just an iPhone 13 Pro Max and iMovie, we had a ton of fun and learned so much creating the series ourselves.

After creating the webseries, how did you decide to create a short film? What was the planning and decision making process like?

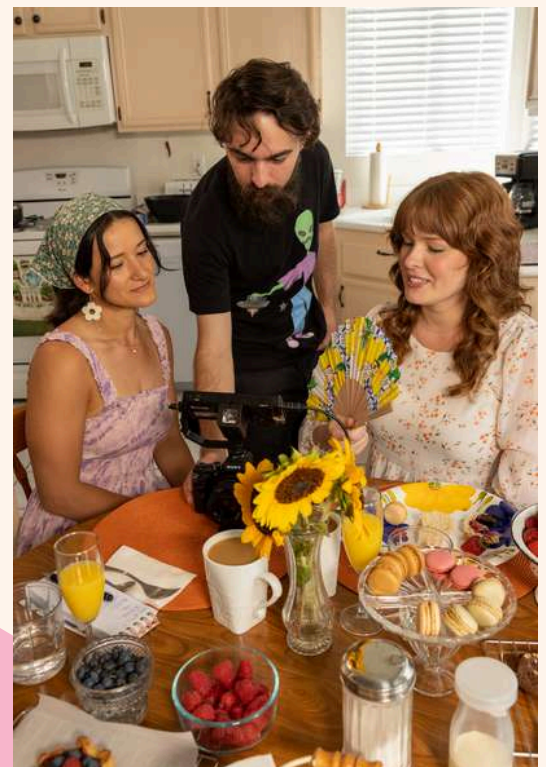
We had a small premiere for the webseries and got a ton of encouragement from friends and family. We wanted to continue the story, but were exhausted by the process of doing it on our own, and knew our skills could only take us so far. So we started researching exactly what it would take to get a short film together. We have certainly been on a ton of sets, but never undertook the process ourselves! It was a ton of work but we had a great time.

What was the inspiration for setting the film in Las Vegas? How did you get the crew together while based in Chicago?

Emma has a family home in Las Vegas, so it was a great opportunity for us to use as a set and lodging. Plus, we knew we would have a ton of fun out there! Going out of our home network in Chicago was a challenge so we reached out through Facebook groups to find and hire the team we needed. Luckily, we found an amazing partner in Jaden and the rest went from there!

What was the creative process like on such a small set being first time filmmakers as producers, directors, and stars? Were there any problems with wearing so many hats?

It was a wonderful collaborative process between us and Jaden, as well as all the other crew. We would bounce jokes off the group and felt comfortable enough to improvise and take ideas from anywhere. We wished we could be watching every take and acting at the same time, but we can only be in one place! By the end of the week we were all as thick as thieves and had such a memorable and fun experience.



Q&A from the Creators Emma and Lani

The band Boob Sweat created an original soundtrack album for the movie. How did you connect with them?

We were searching for fun, femme voiced, upbeat music to use for the film and connected with Boob Sweat through mutual friends. They immediately offered to write for the film and our collaboration took off from there. An original soundtrack album is available online.

Boob Sweat is a riot grrrl duo grounded in Grand Rapids, Michigan. The duo was formed by Kate and Athen in 2019. Through the years, music has been a must for these two, but this music has evolved into so much more than a collection of songs. Boob Sweat has learned how to use music to dive into the beauty of community. Whether it is taking care of one another, collaborating with one another, educating one another, or just having fun with one another, Kate and Athen are grateful to use their music for the greater good of their environment. They were lucky enough to have met Lani and Emma through mutual friends and expand their community even further.

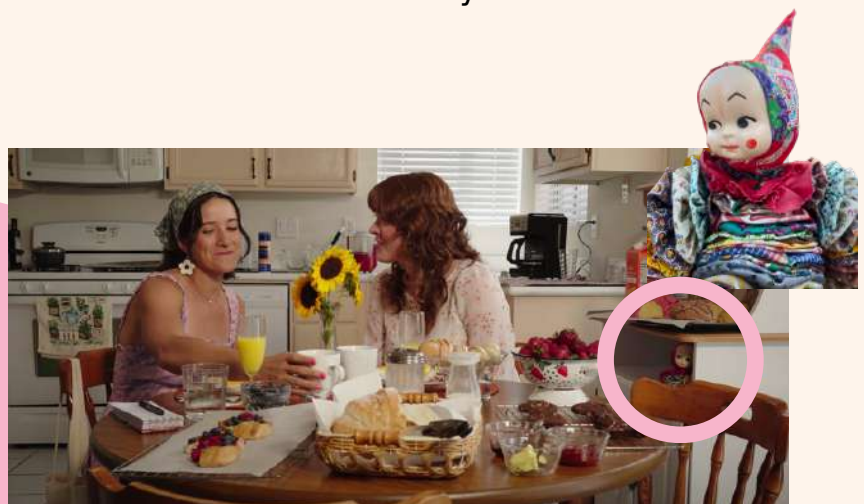
What was the most memorable day on set?

The sunrise scene was a very special moment for everyone involved. We couldn't resist renting the thunderbird to give homage to Thelma and Louise. With a call time of 3:45 AM and only about an hour of perfect sunrise light to film the whole thing, it was quite the undertaking. We pulled it off, then enjoyed the morning views together in Red Rock Canyon after that.



What was the funniest moment on set?

For eagle eyed viewers they may notice the Easter egg of a certain little doll showing up in every scene that takes place inside the house. The doll that first appears when Emmy arrives at the house takes on a life of its own and watches from the corners thereafter! Everyone had a hand in finding new and fun places to hide the doll in every shot. It was a constant source of fun.



Q&A from the Creators Emma and Lani

Did anything go wrong?

On the day we scheduled the outdoor hike scene, it rained for the first time in Las Vegas in over 100 days. And not just rain, but a desert monsoon. After lightning strikes and panic, we quickly pivoted to filming indoor scenes. The next day when we attempted the hike scenes again, because of the rain there was a cool breeze and the most perfect cloudy light!

What do you hope people take away from watching the film?

We really hope that people feel uplifted after watching Lana & Emmy. Part of our inspiration to create something with this genre and tone was to model the value of women, friendship, and connection in this really difficult modern climate. We find a lot of depth and meaning in stories like this, and hope others do as well. Also we hope people catch the

What is next for Lana & Emmy?

We love the idea of making the Lana & Emmy story into an episodic TV show!



Credits and Technical information

Cast

Emma M. Terrazas as Emmy

Lani Stait as Lana

Crew

Director of Photography

Assistant Editor

Jaden Morelli

Editor

Miguel Rivera

Sound

David Singleton

Grip

Lesley Ryland

John Colin Ross

Gaffer

Gabe Smith

RayShun McCormick

Manny Sanchez

Production Assistant

Kimberly Weaver



Other Credits

Wardrobe consultant for Emma M. Terrazas
Bree Page, ESTEELLO

Logo design by
Alyssa Ventrella

Original Soundtrack by Boob Sweat

"Gilman"

Written and Performed by BOOB SWEAT
Produced by Rick Johnson

"Market"

Written and Performed by BOOB SWEAT
Produced by Rick Johnson

"Catch You Later!"

Written and Performed by BOOB SWEAT
Produced by Rick Johnson

"Lana & Emmy"

Written and Performed by BOOB SWEAT
Produced by Rick Johnson

"In The Pines"

American Folk Song Performed by Lani Stait
Additional Music by Scott Sheppard

Technical information

Digital , 4k

16x9

Stereo

Length 20min