



A FILM BY KIMBERLY DILLON

ONE DAY



SYNOPSIS



The Woman wakes up on a seemingly average day. As they always do, various unwelcome voices run on a loop in her mind, reminding her she's unworthy, not good enough, and a pawn for male opinion. While normally able to push down her feelings, this day her body & mind react violently in rebellion.

As feminine energy rebirths her, we see her awaken in a newly formed paradigm, day one of the Matriarchy.

LOGLINE



A woman begins an uncontrollable physical and mental journey as she wakes up to find herself in the first day of The Matriarchy.

CONTACT INFO

Kimberly Dillon
WRITER-PRODUCER-DIRECTOR

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ONE DAY

Genre: Narrative / Short
Production Year: 2023
Country of Origin: USA
Running Time: 6:13 minutes
Directed By: Kimberly Dillon
Written By: Kimberly Dillon
Produced By: Kimberly Dillon
Director of Photography: Alyssa Renzi
Editor and Sound by: Louis Leuci
DI Color by: Aaron Burns

Writer / Director

Kimberly Dillon

Kimberly Dillon is an Actress, Producer, Director, and Writer. Most recently she wrote, produced, and directed the short film 'One Day' about the first day of the Matriarchy. Other producing includes the short films 'Warriors of Education' and 'Sound/Vision'. As a New York based theatre producer, she has presented a site-specific run of 'Savage in Limbo', two one-woman shows 'The Road Back' (The Chain Theater) and 'WHORE' (Paradise Factory), and 'Between the Threads: Jewish Women Project' (HERE Arts Center.)

Most recent acting credits include the films 'Triceratops' as a Mom dealing with her husband's abandonment and 'Hair Trigger', as a woman desperately trying to cope with her daughter's school shooting. Kimberly's writing is available on Substack and Patreon.

More information at: kimberlydillon.net



WRITER/DIRECTOR NOTE

My work on this film began in 2016 when I had a transformational reaction to a very public rape case. The details of what happened to the raped woman became a crucible for me to explore the somatic reactions I was experiencing as a result. The gut-wrenching heaviness caused by the inequities and double-standards women contend with wasn't new, but this time I was met with feelings of a curtain being lifted. I was seeing our culture through different eyes.

I was compelled to reach out to other women and see if they felt the same way. I organized sisterhood talking circles and an embodiment workshop. As I brought different women together, all unique in their backgrounds, I saw how they moved, listened to their memories, and shared in their vulnerability. Through this, the 'One Day' story took even sharper shape.

Women are bombarded with unfair and unreachable societal expectations and injustices constantly, and we often don't process or recognize the damaging effects of it. In our efforts to "keep it moving" and not allow ourselves to feel, we allow and fall prey to systems that want us controlled, small, and in line.

'One Day' asks the question: What if the Matriarchy began on one seemingly average day? What if feminine energy became the rule, and changed the paradigm? We follow one woman as she struggles with the sudden changes of being liberated from the inside out. She's in a new world and doesn't know it yet. This movie is a hopeful imagining, based on my desire for every woman's awakening, embracing the idea that a new world *is* possible.

A woman with dark hair, wearing a dark short-sleeved shirt with white piping, sits on a bed in a dimly lit room. She is looking off to the side with a thoughtful expression. The room is dark, with a framed picture on the wall behind her and a nightstand with a lamp to the right.

CAST

The Woman

Kelly Wallace-Barnhill

Plastic Surgery Office Radio

Announcer

Koh Mochizuki

Dad

Richard MacDonald

Earl

Sandford Stokes

Cat Caller

Gabriel Canett

Store Guy

Ray Stakenas

The Other Woman

Katharine Leonard

Awakened Women

Justine Cohen

Nechelle Dismer

Leigh Greaney

Kimberly Dillon



Kelly Wallace-Barnhill as *The Woman*

Kelly Wallace-Barnhill, originally a rock singer and “beach goth” from south Florida, studied theater and movement in college, and trained further in New York City with Polina Klimovitskaya in Kinetic Mind Technique at Michael Howard Studios. She did a little comedy too and founded the Kelly and Lindsey duo with her writing partner Lindsey Gentile, hosting a long running comedy variety show at all the seediest bars in Manhattan and creating and producing comedy web series. She currently resides in Los Angeles where she lives with her two soulmates (cats), Beatrix Kiddo and Chronos Constant and acts, writes, & does energy work and creative consulting.

CREDITS

Directed by: Kimberly Dillon

Written by: Kimberly Dillon

Produced by: Kimberly Dillon

Director of Photography: Alyssa Renzi

*Editor, Sound & Title
Designer:* Louis Leuci

DI Colorist: Aaron Burns

Digital Intermediate: ASSEMBLY

1st AD: Michael Moffitt

Production Assistant: Lara Maria

End Credits Music: "Cannon"

Written by Laura Larson, Corrie Harrigan, and Liz Elton, Performed by Kitten Forever, Courtesy of Rat Queen Records, By arrangement with Terrorbird Media

DIRECTOR OF PHOTOGRAPHY

Alyssa Renzi

Alyssa Renzi is a cinematographer and camera operator in Los Angeles, CA. She has worked on a variety of projects that have screened at numerous film festivals. She's also a licensed drone operator.



EDITOR, SOUND & TITLE DESIGNER

Louis Leuci

Louis was born in Brooklyn, NY and raised in Wilmington, NC. He returned to New York to attend NYU's Tisch School of the Arts and worked at Saturday Night Live from 2012 to 2021. He is the film editor and director for the NYC-based comedy sketch series The Violet Hour.



DI COLORIST

Aaron Burns

Aaron has been working in the motion picture industry since the early 2000s. He came up splitting his time between editorial and the camera department before finding a love of color. His credits as a colorist include dailies for The Marvelous Mrs Maisel, Penny Dreadful: City of Angels, Maniac, Tales of the City, Life Itself, You Were Never Really Here, and many more. When he is not in the grading suite crafting beautiful images, you can find him taking pictures or rock climbing.



SCREENINGS / AWARDS

* BLACKBIRD FILM FESTIVAL - APRIL 12, 2024

WINNER: Audience Choice Award (*No Boys Allowed block*)

AWARD NOMINATIONS: Powerful Voice, Sound Design, Cinema Writing

* NEVADA WOMEN'S FILM FESTIVAL - JUNE 19, 2024

